

CURRICULUM VITAE

Amir Shabani, MD

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- **Scopus ID:** 21740100200
- **IUMS website:** <http://cv.iums.ac.ir/cv/1407/>
- **ORCID ID:** <https://orcid.org/0000-0002-9523-5982>
- **Personal website:** <http://ravanpezeshkan.com/amirshabani>
- **LinkedIn:** <https://www.linkedin.com/in/amir-shabani-61033a78/>
- **Researchgate:** https://www.researchgate.net/profile/Amir_Shabani2
- **Google Scholar:** <https://scholar.google.com/citations?user=6sO4YKgAAAAJ&hl=en&oi=ao>

Amir Shabani is a professor of psychiatry at Iran University of Medical Sciences (IUMS) and a research psychiatrist at Mental Health Research Center.

His major research interest is clinical issues of bipolar disorder and posttraumatic stress disorder (PTSD), especially clinical picture, comorbidity, compliance, quality of life, clinical course, and outcome.

He conducted the study called Bipolar Disorder Patients Follow-up (BDPF) that followed a group of patients with bipolar disorder type I for 7 years, "Evaluation of 4030 Call Center Psychological Counselling Services Performance" under the supervision of World Health Organization, and "Adaptation of Clinical Guideline for Management of Iranian Adult Patients with Bipolar Disorder".

He has written a series of academic books in Persian called "Psychiatry through Clinical Cases" including three volumes: 1) Psychiatric education through clinical cases, 2) Psychiatric emergency through clinical cases, and 3) Psychiatric consultation through clinical cases. The co-authors in this series include eight psychiatrists.

Education

- Medical school: Shahid Beheshti University of Medical Sciences, 1989-1997
- Residency (psychiatry): Roozbeh Psychiatric Hospital, Tehran University of Medical Sciences, 1999-2002
- Board Certification: Iranian board of psychiatry, national second rank, 2002

Current positions:

- Professor of psychiatry at psychiatric department of Iran University of Medical Sciences
- Member of directors, Iran National Board of Psychiatry
- Secretary general of the board of directors, Iranian Psychiatric association (IPA)
- Director, Mood Disorders Research Group, Iran University of Medical Sciences
- Head, Psychiatric ward (men 2), Iran Psychiatric Hospital, Iran University of Medical Sciences
- Founder member, Iranian Psychotherapy Association
- Editorial board member, Iranian Journal of Psychiatry and Clinical Psychology

Peer reviewed articles:

- 1- Ahmadi Abhari, S. A., **Shabani, A.**, Akhondzadeh, S., & Assadi, S. M. (2003). Baclofen and clonidine in opioid detoxification. *Andeesheh-Va-Raftar*, 31, 26-35.
- 2- **Shabani, A.**, & Hakim Shoushtari, M. (2003). Shared psychotic manic syndrome: Case report. *Advances in Cognitive Science*, 5(2), 56-60.
- 3- Sharifi, V., Assadi, S. M., Mohammadi, M. R, Amini, H., Kaviani, H., Semnani, Y., **Shabani, A.**, Shahrivar, Z., Davari-Ashtiani, R., Hakim-shoushtari, M., Seddigh, A., & Jalali Roudsari, M. (2004). Reliability and feasibility of the Persian version of the structured diagnostic interview for DSM-IV (SCID). *Advances in Cognitive Science*, 6(1&2), 10-22.
- 4- Davari-Ashtiani, R., Alaghand-rad, J., Sharifi, V., Amini, H., Kaviani, H., **Shabani, A.**, Shahrivar, Z., Arabgol. F., Hakim-shoushtari, M., & Shirazi, E. (2004). Reliability of the Persian translation of the composite international diagnostic interview (CIDI) for diagnosing schizophrenia and bipolar disorder. *Advances in Cognitive Science*, 6(1&2), 1-9.
- 5- Attari Moghadam, J., **Shabani, A.**, & Panaghi, L. (2005). Frequency of unipolar and bipolar mood disorders in multiple sclerosis. *Advances in Cognitive Science*, 6(3&4), 57-62.
- 6- **Shabani, A.**, Ataei, M., & Panaghi, L. (2005). Comorbidity of obsessive-compulsive disorder in manic and remission phases of bipolar patients. *Tehran University Medical Journal*, 5, 386-391.
- 7- Arabgol, F., Alaghand-rad, J., Sharifi, V., Hakim-shoushtari, M., **Shabani, A.**, Davari-Ashtiani, R., Shahrivar, Z., Shirazi, E., Amini, H., & Kaviani, H. (2005). Reliability of a Persian translation of the Composite International Diagnostic Interview (CIDI), section for substance use disorders: In a multi-center study in Iran. *Advances in Cognitive Science*, 7(2), 38-45.
- 8- **Shabani, A.**, Sharifi, V., Alaghand-rad, J., Shahrivar, Z., Amini, H., Kaviani, H., Hakim-shoushtari, M., Shirazi, E., Davari-Ashtiani, R., & Arabgol. F. (2006). Is the comorbidity of obsessive-compulsive disorder with bipolar-I-disorder less than with major depressive disorder? *Andeesheh-Va-Raftar*, 45, 117-123.
- 9- **Shabani, A.** (2006). Necessity of changing thought and behavior for the management of scientific journals. *Iranian Journal of Psychiatry & Clinical Psychology*, 46, 1-2.
- 10- **Shabani, A.**, Nikraves, S., & Panaghi, L. (2006). Obsessive-compulsive disorder: Is it common in multiple sclerosis? *Iranian Journal of Psychiatry & Clinical Psychology*, 46, 209-215.
- 11- **Shabani, A.**, Eftekhari, M., Daneshamouz, B., Ahmadkhaniha, H. R., Hakim Shoushtari, M., Ghalebani, M., & Panaghi, L. (2006). Degree of recurrence of type I bipolar disorder: A 17-month follow-up of patients with first-episode mania. *Advances in Cognitive Science*, 8(3), 33-42.
- 12- Amini, H., Alaghand-rad, J., Sharifi, V., Davari-Ashtiani, R., Kaviani, H., Shahrivar, Z., **Shabani, A.**, Arabgol, F., Shirazi, E., & Hakim-shoushtari, M. (2006). Validity of a Farsi translation of the composite international diagnostic interview (CIDI) to diagnose schizophrenia and bipolar disorder. *Tehran University Medical Journal*, 64(8), 31-42.
- 13- **Shabani, A.**, Dashti, B., & Teimouri, M. H. (2006). Frequency of psychiatric comorbidities in epilepsy in an Iranian sample. *Iranian Journal of Psychiatry*, 1(4), 148-152.

- 14- **Shabani, A.**, & Eftekhar, M. (2006). Olanzapine-induced mania in bipolar spectrum disorder: A Case report. *Iranian Journal of Psychiatry*, 1(3), 128-130.
- 15- **Shabani, A.**, & Eftekhar, M. (2006). Rate of suicide attempt in the course of bipolar disorder: An unexpected outcome in a follow-up study. *Iranian Journal of Psychiatry*, 1(4), 172-173.
- 16- Shariat, S.V., & **Shabani, A.** (2007). Sleep-related hypomanic symptoms as a predictor of bipolar spectrum disorder. *Primary Care Companion to the Journal of Clinical Psychiatry*, 9(3), 233-234.
- 17- **Shabani, A.** (2007). Mood stabilizing effect of twice-weekly administration of fluoxetine in a bipolar II patient. *Primary Care Companion to the Journal of Clinical Psychiatry*, 9(5), 392-393.
- 18- **Shabani, A.**, Attari Moghadam, J., Panaghi, L., & Seddigh, A. (2007). Anxiety disorders in multiple sclerosis: significance of obsessive-compulsive disorder comorbidity. *Journal of Research in Medical Sciences*, 12(4), 172-177.
- 19- **Shabani, A.**, & Eftekhar, M. (2007). Non-compliance after first episode of manic or mixed state: a 17 months follow-up. *Iranian Journal of Psychiatry and Behavioral Sciences*, 1(2), 46-49.
- 20- Sharifi, V., Assadi, S. M., Mohammadi, M. R., Amini, H., Kaviani, H., Semnani, Y., **Shabani, A.**, Shahrivar, Z., Davari-Ashtiani, R., Hakim Shooshtari, M., Seddigh, A., & Jalali, M. (2007). Structured clinical Interview for DSM-IV (SCID): Persian Translation and Cultural adaptation. *Iranian Journal of Psychiatry*, 2(1), 47-49.
- 21- **Shabani, A.**, Eftekhar, M., & Abedian, S. (2007). Changes in obsessive-compulsive symptoms during manic episodes: a case series. *Iranian Journal of Psychiatry*, 2(2), 82-85.
- 22- Hakim Shooshtari, M., Alaghband-rad, J., Sharifi, V., Arabgol, F., **Shabani, A.**, Shahrivar, Z., Shirazi, E., Davari-Ashtiani, R., Tehranidoost, M., & Amini, H. (2007). Profile of major depressive disorder symptoms among patients in Tehran. *Iranian Journal of Psychiatry*, 2(1), 35-41.
- 23- Habibi, L. K., **Shabani, A.**, & Nojomi, M. (2007). Anxiety disorders comorbidity in Iranian patients with mood disorders and its relationship with suicidal attempt. *Iranian Journal of Psychiatry*, 2, 96-101.
- 24- **Shabani, A.** (2007). Ethics in writing the scientific articles. *Iranian Journal of Psychiatry & Clinical Psychology*, 49, 87-88.
- 25- Amini, H., Sharifi, V., Assadi, S. M., Mohammadi, M. R., Kaviani, H., Semnani, Y., **Shabani, A.**, Shahrivar, Z., Davari-Ashtiani, R., Hakim Shooshtari, M., Seddigh, A., & Jalali, M. (2008). Validity of the Persian version of the structured diagnostic interview for DSM-IV (SCID). *Payesh*, 7(1), 49-57.
- 26- **Shabani, A.**, & Alizadeh, A. (2008). The specific pattern of obsessive-compulsive symptoms in patients with bipolar disorder. *Journal of Research in Medical Sciences*, 13(2), 48-54.
- 27- Nasserbakht, M., **Shabani, A.**, Teimoori, M. H., Gholami, M., Ahmadzad Asl, M. (2008). Short Depression Screening Test for Patients with Epilepsy: CES-D with 10 Items. *Iranian Journal of Psychiatry*, 3(1), 32-36.
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33- Bidaki, R., Fereshtenezhad, S. M., & **Shabani, A.** (2009). Post-traumatic obsessive-compulsive disorder: a case report. *Iranian Journal of Neurology*, 8(1), 412-418.

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41- **Shabani, A.**, Akbari, M., & Dadashi, M. (2010). Reliability and validity of the Bipolar Depression Rating Scale on an Iranian sample. *Archives of Iranian Medicine*, 13(3), 217-222.

42- Ahmadi Vazmalaei, H., Ghanbari Jolfaei, A., **Shabani, A.** (2012). Mood disorders insight scale: Validation of Persian version. *Journal of Research in Medical Sciences*, 17(2), 186-189.

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- 44- Amini, H., Nejatisafa, A., Shoar, S., Kaviani, H., Samimi-Ardestani, M., **Shabani, A.**, Esmaeili, S., Moghaddam, Y. (2013). Iranian medical students' perception of psychiatry: Before and after a psychiatry clerkship. *Iranian Journal of Psychiatry*, 8(1), 37-43.
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- 46- Shariat, S. V., Hosseinifard, Z., Taban, M., **Shabani, A.** (2013). Mania precipitated by opioid withdrawal: A retrospective study. *American Journal on Addictions*, 22(4):338-43.
- 47- **Shabani A.**, Teimurinejad S., Kokar S., Shariati B., Mousavi Behbahani Z., Ghasemzadeh M., Hasani S., Ahmadzad Asl M., Taban M., Shirekhoda S., Ghorbani Z., Tat S., Nohesara S., & Shariat S. V. (2013). Suicide risk factors in Iranian patients with bipolar disorder: A 21-month follow-up from BDPF study. *Iranian Journal of Psychiatry and Behavioral Sciences*, 7(1), 16-23.
- 48- **Shabani A.**, Ahmadzad Asl M., Zangeneh K., Teimurinejad S., Kokar S., Taban M., Shariati B., Mousavi Behbahani Z., Ghasemzadeh M., Hasani S., Shirekhoda S., Ghorbani Z., Tat S., Nohesara S., & Shariat S. V. (2013). Quality of life in patients with bipolar I disorder: Is it related to disorder outcome? *Acta Medica Iranica*, 51(6): 386-393.
- 49- Amini, H., Majdzadeh, R., Eftekhari-Ardebili, H., **Shabani A.**, & Davari-Ashtiani, R. (2013). How mental illness is perceived by Iranian medical students: a preliminary study. *Clinical Practice & Epidemiology in Mental Health*, 9, 62-68.
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- 51- Akbari, M., Roshan, R., Fata, L., **Shabani, A.**, & Zarghami, F. (2014). The role of cognitive, behavioral, emotional and metacognitive factors in predicting repetitive negative thinking: a transdiagnostic approach. *Iranian Journal of Psychiatry and Clinical Psychology*, 20(3), 233-242.
- 52- Ghanbari Jolfaei, A., Ghadamgahi, P., Ahmadzad-Asl, M., & **Shabani, A.** (2015). Comparison of demographic and diagnostic characteristics of Iranian inpatients with bipolar I disorder to western counterparts. *Iranian Journal of Psychiatry and Behavioral Sciences*, 9(2), e839.
- 53- Akbari, M., Roshan, R., **Shabani, A.**, Fata, L., Shairi, M. R., & Zarghami, F. (2015). Transdiagnostic treatment of co-occurrence of anxiety and depressive disorders based on repetitive negative thinking: a case series. *Iranian Journal of Psychiatry*, 10(3), 200-211.
- 54- Akbari, M., Roshan, R., **Shabani, A.**, Fata, L., Shairi, M. R., & Zarghami, F. (2015). The comparison of the efficacy of transdiagnostic therapy based on repetitive negative thoughts with unified transdiagnostic therapy in treatment of patients with co-occurrence anxiety and depressive disorders: a randomized clinical trial. *Iranian Journal of Psychiatry and Clinical Psychology*, 21(2), 88-107.

- 55- Azadforouz, S., **Shabani, A.**, Nohesara, S., & Ahmadzad-Asl, M. (2016). Non-compliance and related factors in patients with bipolar I disorder: A six month follow up study. *Iranian Journal of Psychiatry and Behavioral Sciences*, 10(2), e2448.
- 56- Ghanbari Jolfaei A., Ghadamgahi P., Ahmadzad-Asl M., & **Shabani, A.** (2016). Demographic and diagnostic features of 3147 inpatients with mood disorders in Iran. *Iranian Journal of Psychiatry and Behavioral Sciences*, 10(3): e2298.
- 57- Javadian S., **Shabani, A.**, & Shariat S. V. (2016). Clinical course of methamphetamine-induced psychotic disorder in a 3-month follow-up. *Primary Care Companion to the CNS Disorders*, 18(6).
- 58- Gouran, E., **Shabani, A.**, Alavi, K., Najarzadegan, M. R., & Mirfazeli, F. (2016). A comparison of pattern of psychiatric symptoms in inpatients with bipolar disorder type one with & without methamphetamine use. *Medical Journal of the Islamic Republic of Iran*, 30, 421.
- 59- Mazaheri, M., Gharaee B., **Shabani A.**, & Lotfi M. (2017). Is history of suicidal behaviour related to social support and coping skills in patients with bipolar-I disorder? *European Journal of Preventive Medicine*, 5(5), 65-70.
- 60- Shariati, B., **Shabani A.**, Ariana-Kia, E., Ahmadzad-Asl., M., Alavi, K., Mousavi Behbahani, Z., Ghasemzadeh, M. et al. (2018). Drug Attitude Inventory in Patients with Bipolar Disorder: Psychometric Properties. *Iranian Journal of Psychiatry and Behavioral Sciences*, 12(3), e9831.
- 61- Ghanbari Jolfaei, A., Ataei, S., Ghayoomi, R., & **Shabani, A.** (2019). High frequency of bipolar disorder comorbidity in medical inpatients. *Iranian Journal of Psychiatry*, 14(1), 60-66.
- 62- Mazaheri, M., Gharaee, B., **Shabani, A.**, & Lotfi, M. (2019). Studying the predictive factors of suicide attempts in patients with type 1 bipolar disorder. *Psychiatry Research*, 275, 373–378.
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- 65- Zolfi Kashani, A., Ranjbar H., Rasoulia, M., **Shabani A.**, Ghadirivasfi, M., & Mohammad Sadeghi, H. (2020). The experience of patients with bipolar disorder from diagnosis disclosure: a qualitative study. *Medical Journal of the Islamic Republic of Iran (MJIRI)*, 34, 36.
66. **Shabani, A.**, Zamirinejad, S., Masoumian, S, Hejri, M., Pirmorad, T, & Yaghmaeezadeh, H. (2021). Psychometric properties of Persian Structured Clinical Interview for DSM-5-Clinician Version (SCID-5-CV). *Brain and Behavior*, 00, e01894.
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Clinical guidelines and standards

1. **Shabani, A.**, Amini, H., Barekatin, M., Khalili, N., Rajabi, F., Semnani, Y., Samimi Ardestani, S. M., Farid Hosseini, F., & Atef Vahid, M. K. (2021). Iranian clinical guideline for management of adult patients with bipolar disorder (IGAB): Pharmacological and instrumental treatments. Iran's Ministry of Health and Education.

2. Arbabi, M., Asadi, A., Ansari, S., Badri, T., Bolhari, J., Jafarzadeh, M., Khederzadeh, P., Rasoulian, M., Shariati, B., **Shabani, A.**, Kianimehr, G., Ghadiri Vasfi, M., Ghanbari Jolfaei, A., Motazadian, S., Noorbala Tafti, A., & Hashempour, S. (2021). Repetitive Transcranial Magnetic Stimulation (rTMS) service standard in psychiatry. Iran's Ministry of Health and Education.

Contact information

Address: Iran Psychiatric Hospital, Tehran, Iran; **Email:** shabani.a@iums.ac.ir; am.shabani@gmail.com
